

# Your Quick-start Guide



**Congratulations on taking active steps toward your recovery. As reSET and reSET-O are digital therapeutics that require a prescription, please ask your clinician if they are right for you.**

## **Follow these steps to get started on reSET or reSET-O:**



### **COMPLETE THE ENROLLMENT FORM AS DIRECTED BY YOUR CLINICIAN**

- Provide all the required information, including your contact details and signature
- Your clinician will complete the form and send for confirmation



### **WE WILL GET IN TOUCH WITH YOU TO CONFIRM INFORMATION**

- Expect a call, text, or email from the reSET Connect™ Patient Service Center
  - 1-833-MY RESET (1-833-697-3738)
  - support@peartherapeutics.com
- Download the reSET or reSET-O app available on the App Store and Google Play



or



- Get started with one of our patient care specialists to:
  - Enter your email address and access code
  - Create a password to secure your account



### **COMPLETE YOUR 12-WEEK DIGITAL THERAPY**

- To make the most of your treatment, try to complete at least 4 modules a week as directed by your clinician

# *reSET* **CONNECT**<sup>TM</sup>

BY PEAR THERAPEUTICS

Questions?

**From start to finish, we're here  
to support you at every step  
of your treatment**



**Call 1-833-MY RESET (1-833-697-3738) Monday-Friday,  
8 AM - 6 PM ET, or visit [www.resetconnect.com](http://www.resetconnect.com)**